

# "Looking After Our Residents' Needs and Aspirations"

Saturday 4 April: 10.15am until 4pm

Costessey Community Centre

## MORNING SESSION AT 10.15AM

### "The Journey to Net Zero"

#### **Welcome & Introduction** (10 minutes)

**Professor Tim O'Riordan:** President of both Norfolk ALC & Norfolk CPRE

- **Irene Lorenzoni**, Environmental Sciences UEA (20 minutes)
- **Dominic Allen**, Head of Sustainability, Norfolk County Council (20 minutes)
- **The National Picture: Charlotte Eisenhart** : Head of Member services National Association of local Councils (10 minutes)

**Breakout Session:** delegates choose one of at least 6 different groups –

Topics will include: "Top down or bottom up ~ better Governance in Norfolk" ~ "Raising public knowledge of household carbon budgets" ~ "Redesigning mobility & buses" ~ "Not all trees are equal" ~ "low cost, low carbon, electric heating"

Workshop feedback & Actions

## LUNCH & Networking – 55 minutes

## AFTERNOON SESSION AT 2PM

### "Health and Well-Being"

#### **Welcome & Introduction** (10 minutes)

**Cllr John Fisher:** Cabinet Member for Children's Services and member of Norfolk Well-Being Board.

- **Sarah Weir**, (20 minutes) Public Health Consultant, NCC
- **Arnie McConnell** (10 minutes) "Wymondham Community Kitchen"
- **Kate Jones & Josh Elms** (10 minutes) "The Well-Being Service"

**Breakout Session:** delegates choose one of at least 6 different groups –

Topics will include:

"Nature, mental health, peace and security" ~ "Diet and exercise" ~ "Communication and action plans" ~ "Companionship. Mentoring for addressing loneliness" ~ "Community Kitchens" ~ "Well-Being Service"

Workshop feedback & Actions

**Close:** A Summary of the day by Professor Tim O'Riordan

**Costs:** Norfolk ALC & Norfolk CPRE Members : £20.00 ~ Non-Members : £65.00

**Refreshments:** Coffee & Tea on tap all day until 4.15pm

Lunch is included BUT, as it is being provided by the staff of the Wymondham Community Kitchen, **everyone** must pay them what they think it is worth so they can buy a good dishwasher to cope with the 200 plus dirty plates they collect after every meal.

**Booking :** Please book via this link <https://www.norfolcalc.gov.uk/events-booking-form.html>

**Exhibitors Include:** Groundwork, Finn Geotherm, CCLA, Westcotec, Scribe, Waveney CCG, Voluntary Norfolk and Norfolk CC

**The Teams :** Officers and Committee members from both the ALC and the CPRE will be present all day to answer your questions.