

“Looking After Our Residents’ Needs and Aspirations”
Saturday 4 April 2020 - 1015 am until 4 pm
In the Costessey Community Centre

MORNING SESSION AT 1015AM
“The Journey to Net Zero”

Welcome & Introduction (10 minutes)
Professor Tim O’Riordan: President of
both Norfolk ALC & Norfolk CPRE

- **Irene Lorenzoni**,
Environmental Sciences UEA (25)
- **Dominic Allen**, Head of
Sustainability, Norfolk County
Council (25)

Breakout Session: at least six
different groups – delegates choose
which to go to; we provide conveners

Topics will include:

“Top down or bottom up ~ better
Governance in Norfolk” ~ “Raising
public knowledge of household carbon
budgets” ~ “Redesigning mobility”:
“Not all trees are equal” ~ “low cost
electric heating”

Workshop feedback
& Prioritising Actions

LUNCH & Networking – 55 minutes

AFTERNOON SESSION AT 200 PM
“Health and Well-Being”

Welcome & Introduction (15 minutes)
<<to be confirmed.>>, Norfolk Well-
Being Board.

Sarah Weir, (20 minutes)
Public Health Consultant, NCC
Arnie McConnell (10 minutes)
“Wymondham Community Kitchen

Breakout Session: at least six
different groups – delegates choose
which to go to; we provide conveners

Topics will include:

“Nature, mental health, peace and
security” ~ “Diet and exercise
communication and action plans” ~
“Companionship. Mentoring for
addressing loneliness” ~ Community
Kitchens”

Workshop feedback
& Prioritising Actions

Close: A Summary of the day by
Professor Tim O’Riordan

Costs : Norfolk ALC & Norfolk CPRE Members: £20.00
Non-Members: £65.00

Refreshments : Coffee & Tea on tap all day until 4.15pm
Lunch is included BUT, as it is being provided by the staff of the
Wymondham Community Kitchen, everyone must pay them what
they think it is worth so they can buy a good dishwasher to cope
with the 200 + dirty plates they collect after every meal.

Booking : Please book via this link [https://www.norfolcalc.gov.uk/events-
booking-form.html](https://www.norfolcalc.gov.uk/events-booking-form.html)

Exhibitors : To be announced later.

The Teams : Officers and Committee members from both the ALC and the CPRE
will be present all day to answer your questions.